

# Code of Conduct for Young People

## Name of club: Preston Park Youth Cycle Club

As a member of the club you are expected to abide by the following code by:

- Arriving for training and competition in good time to prepare properly
- Wearing suitable kit (including a helmet) and clothing for all cycling activity sessions, as agreed with the coach
- Warming up and cooling down properly on all occasions
- Playing within the rules and respecting officials and all their decisions
- Being a good sport by applauding all good performances, whether they are made by your club or the opposition
- Controlling your temper; Verbal abuse of officials and other riders, or deliberately distracting/provoking an opponent is not acceptable or permitted behaviour in any sport
- Working equally hard for yourself and your club. Remember, your club's performance will benefit, and so will you
- Respecting the rights, dignity and worth of all participants regardless of their gender, ability, disability, cultural background or religion
- Paying any fees promptly
- Abiding by the rule that youth and junior members are not allowed to smoke, or consume alcohol or drugs of any kind whilst representing the club
- Treating all participants in cycling as you like to be treated - not bullying or taking unfair advantage of another participant
- Cooperating with your coach, club-mates and opponents. Remember, without them there would be no competition
- Thanking officials and opponents after competition
- Abide by the British Cycling anti-doping regulations as outlined on the British Cycling website and which all British Cycling members sign up to when they join that organisation.